

## MEMBER ALERT

### First Aid Kit – Title 8 CCR 3400

While many employers have OSHA-compliant first-aid kits available for employees, it is likely that the kits comply only with federal OSHA requirements and not the more stringent Cal/OSHA requirements.

**Title 8 CCR 3400:** Medical Services and First Aid-pertains to the “**general industry**” and is the minimum standard by which your employer will need to abide. This regulation is to ensure that employers in California have adequate first aid materials readily available, as approved by a consulting physician. At a minimum, each employer’s first aid kit should contain the supplies listed in **Table A**.

<https://www.dir.ca.gov/title8/3400.html>

**Unless your kit contains a note from a "consulting physician" approving it, the kit is in violation of California law.**

The Tuolumne JPA has provided you with a letter that can be used for obtaining approval from your districts consulting physician/County Health Department which outlines the contents of your kit and asks the physician to review it and sign for approval. This letter needs to be on readily available for a Cal/OSHA inspection.

#### **TABLE A**

Supply and Minimum Size or Volume	Minimum Quantity
Absorbent Compress, 32 sq. in. (206 sq.cm), with no side smaller than 4 in. (10 cm)	1
Adhesive Bandages, 1x3 in. (2.5 x 7.5 cm)	16
Adhesive Tape, 3/8 in. x2.5 yd. (2.3)	1
Antibiotic Treatment, 0.14 fl oz (0.5 g)	6
Antiseptic, 0.14 fl. oz. (0.5 g) application	10
Burn Treatment, 1/32 oz. (0.9 g) application	6
First Aid Guide	1
Medical Exam Gloves	2 Pair
Sterile pad, 3 x 3 in. (7.5 x 7.5 cm)	4
Triangular Bandage, 40 x 40 x 56 in. (101 x 101 x 142 cm) 6.1.1.10.1	1

\*Please note that the drugs, antiseptics, eye irrigation solutions, inhalants, medicines, or proprietary preparations shall not be included in first aid kits, unless specifically approved, in writing, by an employer-authorized licensed physician.

### **Best Practice Recommendations**

- ❖ First aid kits are inspected at least quarterly and after every first aid/medical event to ensure completeness, condition of supplies, and to replace supplies beyond their expiration date.
- ❖ First Aid Supplies shall be kept available in a sanitary and usable condition and can be mounted in a fixed position or be mobile.
- ❖ Rubberized supplies should be made of natural rubber, synthetic latex or other hypoallergenic material to reduce the risk of allergic latex reaction.
- ❖ It is recommended that each rescuer has access to (2) pairs of gloves per patient with whom he/she comes in contact. As a result, each first aid kit should contain a minimum of (2) pairs of gloves.
- ❖ First supplies shall be made available to all employees including after hours and weekends.
- ❖ Contents of the First Aid Kit should take into consideration the type of injuries requiring first aid that may be expected, distance from medical care, and number of employees in the workplace.
- ❖ School districts should evaluate their own workplace to determine if additional supplies or kits are needed.

**School Bus-First Aid Kits-Code of Regulations, Title 13**  
**CCR Title 13 Chapter 6.5. Motor Carrier Safety \* Article 8. General Equipment**  
**Requirements First Aid Kits.**

(a) **Vehicles Required to Carry Kits. Every school bus**, youth bus, farm labor vehicle, and GPPV shall carry a readily visible, accessible, and plainly marked first aid kit.

(b) Construction. The kit shall be constructed to prevent dust and moisture from reaching the contents and maintained in good condition. The kit shall be removable from the place secured.

(c) Minimum Requirements. The required contents of school bus first aid kits and the required number of units (determined by the number of passengers a school bus is designed to carry) are shown in Table I. Each youth bus and farm labor vehicle shall be equipped with a 10-unit first aid kit (Table I). First aid kits in use that conform to the former U. S. Department of Transportation regulations on first aid kits for buses will continue to be accepted.

**SCHOOL BUS FIRST AID KIT**  
**REQUIREMENTS**

Unit/box	Number of Passengers		
	1-16	17-42	43 or more
1-in adhesive compress	1	2	2
2-in bandage compress	1	2	2
3-in bandage compress	1	1	2
4-in bandage compress	1	1	2
Eye dressing packet (3 cotton eye pads, 3 sets adhesive plastic strips)	--	--	1
Plain gauze pads (3 x 3-in )	1	1	1
Gauze roller bandage (2 rolls, 2 in x 6 yd )	1	1	2
Plain absorbent gauze (1/2 sq yd )	1	2	4
Plain absorbent gauze(24 x 72-in )	1	2	3
Triangular bandages (40-in )	1	3	4
Scissors, tweezers	1	1	1
<b>TOTAL UNITS</b>	<b>10</b>	<b>16</b>	<b>24</b>