

MEMBER ALERT

AB 1719: CPR Training Resources for High Schools with a Health Course Requirement

Pursuant to AB 1719, beginning in the 2018-2019 school year, California school districts that require a course in health education for graduation from high school must include in that course, instruction in performing compression-only cardiopulmonary resuscitation (CPR). **This law does not apply to school districts or charters that do not have a health course requirement.**

According to the California Department of Education (CDE) website, “Hands-Only, or compression-only, CPR is CPR without mouth-to-mouth resuscitation. It is an easy-to-learn method of CPR that has been proven to be equally as effective as conventional CPR and less intimidating for bystanders to perform in an emergency.”

REQUIREMENTS

Under the requirements of AB 1719 (Chapter 556, Statutes of 2016), the compression-only CPR instruction must include both of the following:

- An instructional program based on national evidence-based emergency cardiovascular care guidelines for the performance of compression-only CPR; and
- Instruction that includes a hands-on practice to support the learning of compression-only CPR.

Additionally, the training may, but is not required to, include general information on the use and importance of an automated external defibrillator (AED). The physical presence of an AED in the classroom is not required.

RESOURCES

The CDE website links to a page for California Schools hosted by the American Red Cross (see link below). This page contains links to information on compression-only CPR addressed to California classroom teachers, high school families, and superintendents.

<http://www.redcross.org/local/california/gold-country/california-hands-only-cpr>

The American Heart Association has published a fact sheet on AB 1719 which can be found at:
http://www.heart.org/idc/groups/heart-public/@wcm/@wsa/documents/downloadable/ucm_483528.pdf